Registration

April 28 • 7:30 a.m. - 5 p.m. **Aquatic Complex**

As of April 29, registration will be taken at all pools during operational hours.

Mandatory Requirement for Lesson Registration

All participants, ages 3 and older, registering in a Level II class or higher, must present a skills card from prior lessons, or obtain one by being pre-tested at the Aquatic Complex.

NO EXCEPTIONS!

Testing is available:

Monday through Friday 2 to 4:30 p.m

Saturdays & Sundays 1 to 4 p.m.

8 Classes: \$60 • 6 Classes: \$45 Parent & Child Classes: 30 min • All other classes: 45 min.

City of Coral Springs SUMMER 2018 Learn To Swim Program

With American Red Cross Certified Instructors



Aquatic Complex 12441 Royal Palm Blvd. • 954-345-2121

Cypress Pool

1300 Coral Springs Drive • 954-345-2109

Mullins Park Pool

10180 Ben Geiger Drive • 954-345-2170



CLASS DESCRIPTIONS

PARENT AND CHILD I & II • 30 minutes

6 months to approximately 3 years

Children learn basic skills through blowing bubbles floating, kicking and other swimming skills.

PRESCHOOL I • 45 minutes

Approximately ages 3 to 5

Helps children become comfortable in water and learn basic water safety and swimming skills.

PRESCHOOL II & III • 45 minutes

Ages 3 to 5

Builds on skills from Level I and introduces advanced skills such as kicking and coordinating arm and leg movements. Must pass exit skills test to move up.

LEARN TO SWIM COURSE • 45 minutes Ages 6 to 12

LEVEL I: Introduction to Aquatics Skills - Helps participants feel comfortable in water. Skills include back float, treading water, coordinating arm and leg movements, and ageappropriate water safety.

LEVEL II: Fundamental Aquatic Skills - Builds on skills learned in Preschool Aquatics OR Learn to Swim Level I. Learning objectives will include enter water by jumping, floating front and back, and changing direction of travel

LEVEL III: Stroke Development - Course will build on skills learned in Fundamentals. The dolphin and breaststroke kicks will be introduced to prepare for the butterfly and breaststroke swimming.

LEVEL IV/V: Stroke Improvement & Refinement - Course develops confidence and builds endurance in strokes learned in the previous classes and includes further coordination and refinement of all strokes. Skills introduced include: tuck and pike surface dives, and flip turns.

LEVEL VI: Skill Proficiency - To refine strokes so participants swim with more ease, efficiency, power and smoothness and over greater distances.

ADULT/TEEN SWIM • 45 minutes

Ages 13 & older

LEVEL I: Adult/Teen Basic - Course is design to help teens and adults overcome their fear of the water and to learn basic skills to achieve a minimum level of water competency.

LEVEL II & III: Adult/Teen Stroke & Skills Improvement -Course is design for teens and adults to improve foundation skills and strokes to gain an overall level of comfort in the water.

WEEKEND CLASSES

Session II

9 a.m.

11 a.m.

All weekend sessions are Saturday and Sunday.

AQUATIC COMPLEX

AQUATIC CO
Session I
June 2 to June 17
9 a.m.
Preschool I
Intro Skills I
10 a.m.
Preschool II & III
Intro Skills I
11 a.m.

Preschool I Fund. Skills II 12 p.m. Preschool II & III Stroke Imp IV/V

1 p.m. Stroke Dev. III Adult/Teen Basic I

Session III

July 7 to July 29 August 4 to August 26 9 a.m. Preschool I Preschool II & III Intro Skills I Intro Skills I

10 a.m. 10 a.m. Preschool II & III Preschool II & III Fund, Skills II Fund. Skills II

11 a.m. Preschool I Preschool I Stroke Dev III Stroke Dev III

12 p.m. 12 p.m. Fund, Skills II Fund. Skills II Improve IV/ Refine V Improve IV/Refine V

1 p.m. 1 p.m. Preschool II & III Intro Skills I Adult/Teen Stroke II & III Adult/Teen Basic I

CYPRESS POOL

ession I	Session II
une 2 to June 17	July 7 to Ju
a:30 a.m.	8:30 a.m.
Parent and Child I & II	Parent and
Preschool I	Preschool
Preschool II & III	Preschool
a.m.	9 a.m.
Parent and Child I & II	Parent and
2:30 a.m. Parent and Child I & II	9:30 a.m. Parent and

uly 29 August 4 to August 26 8:30 a.m.

d Child I & Parent and Child I & II Preschool II & III | || & || |

9:30 a.m. Parent and Child I & II

Session III

d Child I & II Preschool I d Child I & II

MULLINS PARK POOL*

Session I June 2 to June 17 10 a.m. Preschool I

Preschool II & II

Preschool II & III 11 a.m. Preschool I

> Intro Skills I 12 p.m. Fund. Skills II Stroke Dev. III

Session II July 7 to July 29

10 a.m. Preschool II & III Intro Skills I

11 a.m. Preschool I Fund, Skills II 12 p.m. Preschool II & III Stroke Dev. III

Preschool II & II

Session III August 4 to August 26

10 a.m. Preschool II & III 11 a.m. Fund, Skills II

12 p.m. Stoke Dev. III

*Saturday **Mullins Park** Pool, Sunday Aquatic Complex (unless informed

otherwise)

WEEKDAY CLASSES • REGISTRATION BEGINS APRIL 28

AQUATIC COMPLEX

Session I • June 11 to June 22	• June 22	Session II • June 25 to July 6	 . July 6	Session III • July 9 to July 20	• 1	Session IV • July 23 to August 3	V• August 3	Session V • August 6 to A	Session V • August 6 to August 14
8 classes • M	8 classes • Monday - Thursday	8 classes • Mc	8 classes • Monday - Friday	8 classes • Mo	8 classes • Monday - Thursday	8 classes • M	8 classes • Monday - Thursday	6 classes • Mo	6 classes • Monday - Thursday
8 a.m.	Preschool I	8 a.m.	Preschool II & III Intro Skills I	8 a.m.	Preschool I	8 a.m.	Preschool II & III Intro Skills I	9 a.m.	Preschool I
	Intro Skills I Fund. Skils II		Fund. Skills II Stroke Dev. III		Fund. Skills II Stroke Dev. III		Stroke Dev. III Imp. IV & V	10 a.m.	Preschool II & III Intro Skills I
9 a.m.	Preschool I Intro Skills I Fund. Skills II Stroke Dev. III	9 a.m.	Preschool I Intro Skills I Fund. Skills II Stroke Dev. III	9 a.m.	Preschool I Preschool II & III Intro Skills I Fund. Skills II	9 a.m.	Preschool I Preschool II & III Intro Skills I Imp. IV & Ref. V	11 a.m.	Fund. Skills II Stroke Dev. III
10 a.m.	Preschool I Intro Skills I Fund. Skills II Stroke Dev. III	10 a.m.	Preschool I Preschool II & III Intro Skills I Stroke Dev. III	10 a.m.	Preschool II & III Fund. Skills II Stroke Dev. III Imp. IV & V	10 a.m.	Preschool II & III Fund. Skills II Fund. Skills II Stroke Dev. III		
11 a.m.	Preschool I Preschool II & III Intro Skills I Stroke Dev. III	11 a.m.	Preschool II & III Fund. Skills II Imp. IV & Ref. V	11 a.m.	Preschool I Intro Skills I Fund. Skills II Imp. IV & Ref. V	11 a.m.	Intro Skills I Fund. Skills II Stroke Dev. III Skill Prof. VI		
6 classes • M	6 classes • Monday - Wednesday	6 classes • Mc	6 classes • Monday - Wednesday	6 classes • Mo	6 classes • Monday - Wednesday	6 classes • M	6 classes • Monday - Wednesday	6 classes • I	6 classes • Monday - Wednesday
5 p.m.	Preschool I Stroke Dev. III	5 p.m.	Preschool II & III Intro Skills I	5 p.m.	Preschool II & III Fund. Skills II	5 p.m.	Preschool I Preschool II & III	5 p.m.	Preschool I Preschool II & III
6 p.m.	Preschool II & III Intro Skills I	6 p.m.	Preschool II & III Stroke Dev. III	6 p.m.	Preschool II & III Stroke Dev. III	6 p.m.	Fund. Skills II Stroke Dev. III	6 p.m.	Intro Skills I Fund. Skills II
7 p.m.	Adult Teen Basic I Adult/Teen Stroke II & III	7 p.m.	Fund. Skills II Adult/Teen Basic I	7 p.m.	Adult/Teen Basic I Adult/Teen Stroke II & III	7 p.m.	Adult/Teen Basic I Adult/Teen Stroke II & III	7 p.m.	Stroke Dev. III Adult/Teen Basic I

MULLINS PARK POOL

y 6 y - Friday Preschool Preschool Preschool Preschool Preschool Und. Skills Und. Skills Freschool Freschool	Session II • Same 25 to July 6 8 classes • Monday - Friday 8 a.m. Preschool II & III Fund. Skills II Fund. Skills II Fund. Skills II Fund. Skills II Intro Skills II Preschool II & III Intro Skills II Frocke Dev. III Tam. Preschool II & III Frocke Dev. III	Session II - June 25 to June 25 to June 26 a.m. 8 a.m. 9 a.m. 11 a.m.
ıy - Wednesday	6 classes • Monday - Wednesday	6 classes • Monday - Wednesday 6 classes • Monday - Wednesday
reschool I		5 p.m.
ntro Skills I	6 p.m. Intro Skills I	

CYPRESS PARK POOL

Session I • June 11 to June 22	June 22	Session II • June 25 to July 6	July 6	Session III • July 9 to July 20	• uly 20	Session IV • July 23 to August 3	V • August 3	August 6 to A	Session V • August 6 to August 14
8 classes • M	8 classes • Monday - Thursday	8 classes • Mo	8 classes • Monday - Friday	8 classes • Mc	8 classes • Monday - Thursday	8 classes • Mc	8 classes • Monday - Thursday	6 classes • M	6 classes • Monday - Thursday
8 a.m.	Preschool	8 a.m.	Preschool I	8 a.m.	Preschool	8 a.m.	Preschool I	8 a.m.	Preschool II & III
	Preschool II & III		Preschool II & III		Preschool II & III		Preschool II & III	8:15 a.m.	Parent & Child I & II
8:15 a.m.	Parent & Child I & II	8:15 a.m.	Parent & Child I & II	8:15 a.m.	Parent & Child I & II	8:15 a.m.	Parent & Child I & II	9 a.m.	Preschool I
9 a.m.	Parent & Child I & II	9 a.m.	Parent & Child I & II	9 a.m.	Parent & Child I & II	9 a.m.	Parent & Child I & II	9:15 a.m.	Parent & Child I & II
	Preschool I		Preschool I		Preschool I		Preschool I		
	Preschool I		Preschool II & III		Preschool II & III		Preschool II & III		
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Parent & Child I & II Preschool I

5:30 p.m.

Parent & Child I & II Preschool I

5:30 p.m.

Parent & Child I & II Preschool I

Parent & Child II & III 5:30 p.m. Preschool I

5:30 p.m.

Parent & Child I & II Preschool I

5:30 p.m.

Preschool II & III Fund. Skills II

6:15 p.m. 6:30 p.m.

Preschool II & III Fund. Skills II

6:15 p.m. 6:30 p.m.

Preschool II & III Fund. Skills II

6:15 p.m. 6:30 p.m.

Preschool II & III Intro Skills I

6:15 p.m. 6:30 p.m.

Preschool II & III Intro Skills I

6:15 p.m. 6:30 p.m.