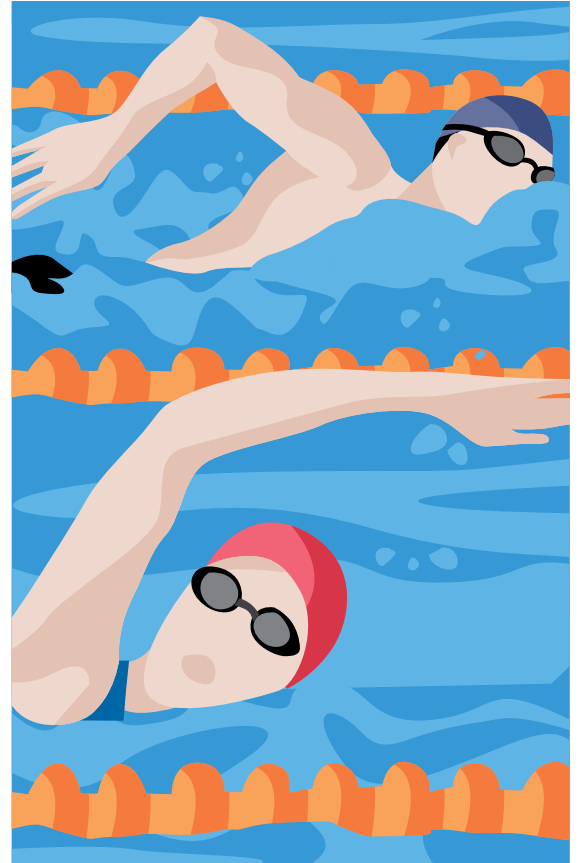


Adult Stroke Technique

At the Mullins Park Pool

Coach Simoni is heading up this new year-round swim program for adults at Mullins Park Pool that develops strength, technique and endurance. This includes advanced swimming skills, stretching, drills and techniques related to competitive swimming. Must know all four basic swim strokes. Tryouts are conducted at 6:45 p.m. Monday through Thursday.



**Monday, Tuesday, Wednesday & Thursday
7 to 8 p.m. • \$50 per month**

**For more information,
call 954-345-2121**

Mullins Park Pool is located at 10180 NW 29 St. in Mullins Park,
just east of the Coral Springs Center for the Arts

