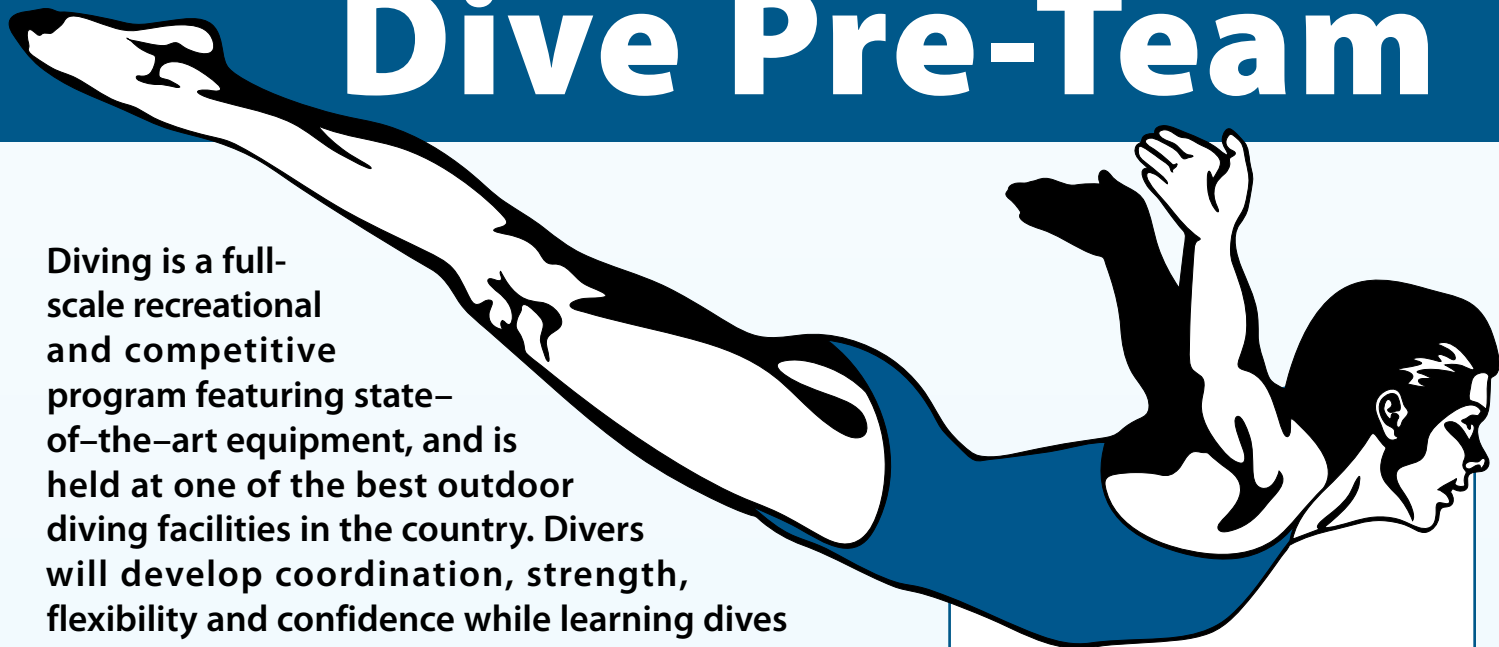


# Dive Pre-Team

Diving is a full-scale recreational and competitive program featuring state-of-the-art equipment, and is held at one of the best outdoor diving facilities in the country. Divers will develop coordination, strength, flexibility and confidence while learning dives from the one and three-meter springboards and platforms. This program accommodates boys and girls and all participants, ages 6 to 18 and must be able to swim independently in deep water.



## Dive Coach Diana Gonzalez

Diana Gonzalez, a native Colombian, has been coaching the City of Coral Springs Diving Pre-Team and conducting diving lessons for the past two years.

Diana has been a staff member of the Aquatic Complex since March 2006. Prior to becoming in charge of the program, she was the assistant coach.

Her credentials include coaching the Colombian National Dive Team from 1993 to 1997. During her last year she was the Head Coach in the World Championships with this team. Prior to coaching she was a member of the Colombian National Dive Team for over ten years.

Since taking over the program, she has brought along several beginner divers that are now ready to compete. Her passion for the sport contributes to the success of this program.

## PRE-TEAM PRACTICE SCHEDULE

*(by invitation from coach Diana)*

**Tuesday: 4:30 to 6:30 p.m.**

**Thursday: 4:30 to 6:30 p.m.**

**Saturday: 8 to 10 a.m.**

As of June 15, Tuesday & Thursday times are 3 to 5 p.m.

Pre-registration required. AAU Diving Registration required for \$14 (August 1, 2009 to August 31, 2010). Information will be provided at the Aquatic Complex Front Desk.

**For more information, call 954-345-2121.**

The Coral Springs Aquatic Complex is located in the Sportsplex, which is just east of the Sawgrass Expressway between Sample Road and Royal Palm Boulevard, at 12441 Royal Palm Boulevard.



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