

# Masters and Adult Swim Program

## At the Coral Springs Aquatic Complex

The Coral Springs Masters and Adult Fitness Swim Program is a year-round adult swim program designed for swimmers of all abilities.

The main focus of the program is to improve stroke, health and fitness.

Tri-athletes are welcome. Competitions and meets are available, but not required. To participate in the program you must be 19 years of age and be able to swim 500 yards.



# Monday through Friday

## 6 to 7:30 a.m. • 11:45 a.m. to 1 p.m.

Monthly Coaching Fees: \$50  
Late fee charged (if paid after 5th) \$10

US Masters Membership:  
Annual \$42

Daily workout fee for visitors \$6  
Pool Membership required:  
Quarterly \$55 plus tax  
Annual \$140 plus tax

Masters Club Pool and Fitness:  
Annual \$215 plus tax  
This is an optional opportunity for Masters who wish to use the fitness room for a savings of \$60. Fee will be upgraded to VIP if coaching fees are not being paid.

**For more information, call 954-345-2121  
or e-mail the instructor at [pkcjj@coralsprings.org](mailto:pkcjj@coralsprings.org)  
with the subject line: MASTERS SWIMMING**

The Coral Springs Aquatic Complex is located in the Sportsplex, which is just east of the Sawgrass Expressway between Sample Road and Royal Palm Boulevard, at 12441 Royal Palm Boulevard.

