

Stretch-N-Flex

Low Impact Range of Motion Water Exercise



Monday • Wednesday • Fridays

9:30 to 10:30 a.m.

\$3 per class

Cypress Park Pool • 954-345-2109

1300 Coral Springs Drive between
Royal Palm and Atlantic Blvds.



Community of Excellence
CORAL SPRINGS

City of Coral Springs Aquatic Services
CoralSprings.org • 954-345-2121

