

## WEEKEND SCHEDULE

All weekend sessions are Saturday and Sunday.

### Aquatic Complex

Session I June 2 to 24	Session II June 30 to July 22	Session III August 4 to 26
9-9:45 a.m. Preschool I Fundamentals I & II	9-9:45 a.m. Preschool I Fundamentals I & II	10-10:45 a.m. Preschool I Fundamentals I & II
10-10:45 a.m. Preschool II Fundamentals I & II	10-10:45 a.m. Preschool II Fundamentals I & II	11-11:45 a.m. Preschool II Fundamentals I & II
11-11:45 a.m. Preschool I Fundamentals I & II	11-11:45 a.m. Preschool II Stroke Dev III	12-12:45 p.m. Fundamentals I & II Stroke Dev III
12-12:45 p.m. Adult Beginner Stroke Imp. IV	12-12:45 p.m. Stroke Imp. IV Preschool I	1-1:45 p.m. Preschool II Adult Beginner
3-3:45 p.m. Adult Beginner Stroke Dev. III	3-3:45 p.m. Preschool I Adult Intermediate	

### Cypress Pool

Session I June 2 to 24	Session II June 30 to July 22	Session III August 4 - 26
8:30 a.m. Parent and Child Preschool II	8:30 a.m. Parent and Child Preschool I Preschool II	8:30 a.m. Parent and Child Preschool II
9:30 a.m. Parent and Child Preschool I	9 a.m. Parent and Child  9:30 a.m. Parent and Child Preschool I Preschool II	9:30 a.m. Parent and Child Preschool I

### Mullins Park Pool\*

Session I June 2 to 24	Session II June 30 to July 22	Session III August 4 - 26
10-10:45 a.m. Preschool I Preschool II	10-10:45 a.m. Preschool I Stroke Dev. III	10-10:45 a.m. Preschool II
11-11:45 a.m. Fundamentals I & II Preschool I	11-11:45 a.m. Preschool II Fundamentals I & II	11-11:45 a.m. Fundamentals I & II
12-12:45 p.m. Stroke Dev. III	12-12:45 p.m. Fundamentals I & II Preschool II	12-12:45 p.m. Stroke Dev. III

\*Saturday classes at Mullins Park Pool, Sunday classes at Aquatic Complex (unless informed otherwise).

# City of Coral Springs SUMMER 2012 Learn To Swim Program

With American Red Cross Certified Instructors



## Registration

Registration begins on **April 28** from 7:30 a.m. to 5 p.m. through **April 29** from 9:30 a.m. to 5 p.m. at the Aquatic Complex for swimming lessons at all three pools. As of **April 30**, registration will be taken at all pools during operational hours.

## Locations

Aquatic Complex 12441 Royal Palm Blvd.	954-345-2121
Cypress Pool 1300 Coral Springs Drive	954-345-2109
Mullins Park Pool 10180 N.W. 29 Street	954-345-2170

**Aquatic Services  
Department**

954-345-2121  
CoralSprings.org

**CORAL  
SPRINGS**  
Community of Excellence

## CLASS DESCRIPTIONS

To register in any class **past Level 1:**

present a Coral Springs  
**Certificate of Participation**  
with class recommended.  
Or  
**Water Skills Test**  
card signed by a Coral Springs  
Aquatic Services Instructor.

### PARENT AND CHILD

To familiarize young children (from ages 6 months to 3 years) to the water, water safety skills and prepare them for future swimming courses. It is not designed to teach children to become good swimmers or to survive in the water on their own.

### PRESCHOOL I

For students 3 to 5 years of age new to swimming. Skills introduced include: Pool safety, floating, treading, and arm and leg coordination (front crawl).

### PRESCHOOL II

For students 3 to 5 years of age that have passed Preschool I, or have been water tested by an instructor. Skills will include: Continuing Preschool I skills and development of strokes.

### FUNDAMENTALS I & II

Students age 6 and up new to swimming. Learning objectives will include enter and exit water from the side, floating front and back, treading water, swimming the front and back crawl.

### STROKE DEVELOPMENT III

Course will build on skills learned in Fundamentals. Student must be able to swim a minimum of 25 yards. The dolphin and breaststroke kicks will be introduced to prepare for the butterfly and breaststroke swimming. Will explore swimming in deep water.

### STROKE IMPROVEMENT IV

Course develops confidence and builds endurance in strokes learned in the previous classes. Will begin feet first surface dives and learn breaststroke and butterfly strokes.

### STROKE REFINEMENT V

Course includes further coordination and refinement of all strokes. Skills introduced include: tuck and pike surface dives, long shallow dives, and flip turns.

### SKILL PROFICIENCY VI

To refine strokes so participants swim them with more ease, efficiency, power and smoothness and over greater distances.

Level III, IV, V and VI may be a class with a combination of two levels.

### ADULT BEGINNER/INTERMEDIATE

Class is designed to teach adults and teens 15 and older the fundamentals of swimming. It is for adult swimmers with little experience in the water. Classes are taught to individual's ability.

**Class fees for number of lessons at all sites:**  
8 Classes / Cost = \$55 • 6 Classes / Cost = \$42

### Weekday Sessions at Mullins Park, Cypress Park & Aquatic Complex:

Session I	June 11 to 22
Session II	June 25 to July 6 (no class July 4)
Session III	July 9 to 20
Session IV	July 23 to August 3
Session V	August 6 to 17

### Weekend Sessions at Mullins Park, Cypress Park & Aquatic Complex:

Session I	June 2 to 24
Session II	June 30 - July 22
Session III	August 4 to 26

# Weekday Sessions at Mullins Park, Cypress Park & Aquatic Complex

## CYPRESS PARK POOL Weekday Summer Lessons

### Session I

**June 11 to 22**

8 CLASSES • MON. - THUR.

8 a.m. Preschool I  
Preschool II

8:15 a.m. Parent & Child

9 a.m. Parent & Child  
Preschool I  
Preschool II

6 CLASSES • MON., WED., THUR.

5:30 p.m. Parent & Child  
Preschool I

6:15 p.m. Preschool II

6:30 p.m. Fund. I & II

### Session II

**June 25 to July 6**

(no class July 4)

8 CLASSES • MON. - THUR. FRI

8 a.m. Preschool I  
Preschool II

8:15 a.m. Parent & Child

9 a.m. Parent & Child  
Preschool I  
Preschool II

6 CLASSES • MON., WED., THUR.

5:30 p.m. Parent & Child  
Preschool I

6:15 p.m. Preschool II

6:30 p.m. Fund. I & II

### Session III

**July 9 to 20**

8 CLASSES • MON. - THUR.

8 a.m. Preschool I  
Preschool II

8:15 a.m. Parent & Child

9 a.m. Parent & Child  
Preschool I  
Preschool II

6 CLASSES • MON., WED., THUR.

5:30 p.m. Parent & Child  
Preschool I

6:15 p.m. Preschool II

6:30 p.m. Fund. I & II

### Session IV

**July 23 to August 3**

8 CLASSES • MON. - THUR.

8 a.m. Preschool I  
Preschool II

8:15 a.m. Parent & Child

9 a.m. Parent & Child  
Preschool I

6 CLASSES • MON., WED., THUR.

5:30 p.m. Parent & Child  
Preschool I

6:15 p.m. Preschool II

6:30 p.m. Fund. I & II

### Session V

**August 6 to 17**

8 CLASSES • MON. - THUR.

8 a.m. Preschool II

8:15 a.m. Parent & Child

9 a.m. Preschool I

9:15 a.m. Parent & Child

## MULLINS PARK POOL Weekday Summer Lessons

### Session I

**June 11 to 22**

8 CLASSES • MON. - THUR.

8-8:45 a.m. Preschool I  
Preschool II  
Fund. I & II  
Fund. I & II

9-9:45 a.m. Preschool I  
Preschool II  
Fund. I & II  
Stroke Dev. III

10-10:45 a.m. Preschool I  
Preschool I  
Preschool II  
Fund. I & II

11-11:45 a.m. Preschool I  
Preschool II  
Fund. I & II  
Stroke Dev. III

6 CLASSES • MON., TUE., WED.

5 p.m. Preschool I

6 p.m. Preschool I

### Session II

**June 25 to July 6**

(no class July 4)

8 CLASSES • MON. - THUR. FRI

8-8:45 a.m. Preschool I  
Preschool II  
Fund. I & II  
Fund. I & II

9-9:45 a.m. Preschool I  
Preschool II  
Preschool II  
Fund. I & II

10-10:45 a.m. Preschool I  
Preschool II  
Fund. I & II  
Stroke III / IV

11-11:45 a.m. Preschool I  
Preschool II  
Fund. I & II  
Stroke Dev. III

6 CLASSES • MON., TUE., WED.

5 p.m. Preschool I

6 p.m. Fund. I & II

### Session III

**July 9 to 20**

8 CLASSES • MON. - THUR.

8-8:45 a.m. Preschool I  
Preschool II  
Fund. I & II  
Fund. I & II

9-9:45 a.m. Preschool II  
Preschool II  
Fund. I & II  
Stroke Dev. III

10-10:45 a.m. Preschool I  
Preschool II  
Fund. I & II  
Fund. I & II

11-11:45 a.m. Preschool II  
Preschool II  
Fund. I & II  
Stroke III & IV

6 CLASSES • MON., TUE., WED.

5 p.m. Preschool I

6 p.m. Fund. I & II

### Session IV

**July 23 to August 3**

8 CLASSES • MON. - THUR.

8-8:45 a.m. Preschool I  
Preschool II  
Fund. I & II  
Fund. I & II

9-9:45 a.m. Preschool I  
Fund. I & II  
Fund. I & II  
Stroke Dev. III

10-10:45 a.m. Preschool I  
Preschool II  
Fund. I & II  
Stroke Dev. III

11-11:45 a.m. Preschool I  
Preschool II  
Preschool II  
Fund. I & II

6 CLASSES • MON., TUE., WED.

5 p.m. Preschool II

6 p.m. Fund. I & II

### Session V

**August 6 to 17**

8 CLASSES • MON. - THUR.

9 a.m. Preschool II

10 a.m. Fund. I & II

11 a.m. Stroke Dev. III

6 CLASSES • MON., TUE., WED.

5 p.m. Preschool II

6 p.m. Fund. I & II

## AQUATIC COMPLEX Weekday Summer Lessons

### Session I

**June 11 to 22**

8 CLASSES • MON. - THUR.

8-8:45 a.m. Preschool I  
Preschool II  
Fund. I & II  
Fund. I & II

9-9:45 a.m. Preschool I  
Fund. I & II  
Fund. I & II  
Stroke Dev. III

10-10:45 a.m. Preschool I  
Fund. I & II  
Stroke Dev. III  
Imp. IV & Ref. V

11-11:45 a.m. Preschool I  
Preschool II  
Fund. I & II  
Stroke Dev. III

6 CLASSES • MON., TUE., WED.

5-5:45 p.m. Preschool I  
Stroke Dev. III

6-6:45 p.m. Preschool II  
Fund. I & II

7-7:45 p.m. Adult Beg.  
Adult Int.

### Session II

**June 25 to July 6**

(no class July 4)

8 CLASSES • MON. - THUR. FRI

8-8:45 a.m. Preschool II  
Preschool II  
Fund. I & II  
Stroke Dev. III

9-9:45 a.m. Preschool I  
Fund. I & II  
Stroke Dev. III  
Ref. V & Prof. VI

10-10:45 a.m. Preschool I  
Preschool II  
Fund. I & II  
Stroke Dev. III

11-11:45 a.m. Preschool II  
Fund. I & II  
Fund. I & II  
Imp. IV & Ref. V

6 CLASSES • MON., TUE., WED.

5-5:45 p.m. Preschool II  
Fund. I & II

6-6:45 p.m. Preschool II  
Stroke III &  
Imp IV

7-7:45 p.m. Fund. I & II  
Adult Beg.

### Session III

**July 9 to 20**

8 CLASSES • MON. - THUR.

8-8:45 a.m. Preschool I  
Preschool I  
Fund. I & II  
Stroke Dev. III

9-9:45 a.m. Preschool II  
Preschool II  
Fund. I & II  
Fund. I & II

10-10:45 a.m. Preschool II  
Preschool II  
Fund. I & II  
Stroke Dev. III

11-11:45 a.m. Preschool I  
Fund. I & II  
Stroke Dev. III  
Imp. IV & Ref. V

6 CLASSES • MON., TUE., WED.

5-5:45 p.m. Preschool II  
Fund. I & II

6-6:45 p.m. Preschool II  
Stroke III &  
Imp IV

7-7:45 p.m. Adult Beg.  
Adult Int.

### Session IV

**July 23 to August 3**

8 CLASSES • MON. - THUR.

8-8:45 a.m. Preschool II  
Preschool II  
Fund. I & II  
Stroke Dev. III

9-9:45 a.m. Preschool I  
Preschool II  
Fund. I & II  
Imp. IV & Ref. V

10-10:45 a.m. Preschool I  
Preschool II  
Fund. I & II  
Stroke Dev. III

11-11:45 a.m. Preschool II  
Fund. I & II  
Stroke Dev. III  
Ref. V & Prof. VI

6 CLASSES • MON., TUE., WED.

5-5:45 p.m. Preschool II  
Fund. I & II

6-6:45 p.m. Fund. I & II  
Stroke III/IV

7-7:45 p.m. Adult Beg.  
Adult Int.

### Session V

**August 6 to 17**

8 CLASSES • MON. - THUR.

9 a.m. Preschool I  
Preschool II

10 a.m. Preschool II  
Fund. I & II

11 a.m. Preschool I  
Stroke Dev. III

6 CLASSES • MON., TUE., WED.

5-5:45 p.m. Preschool I  
Preschool II

6-6:45 p.m. Fund. I & II  
Fund. I & II

7-7:45 p.m. Stroke III &  
Imp IV  
Adult Beg.

