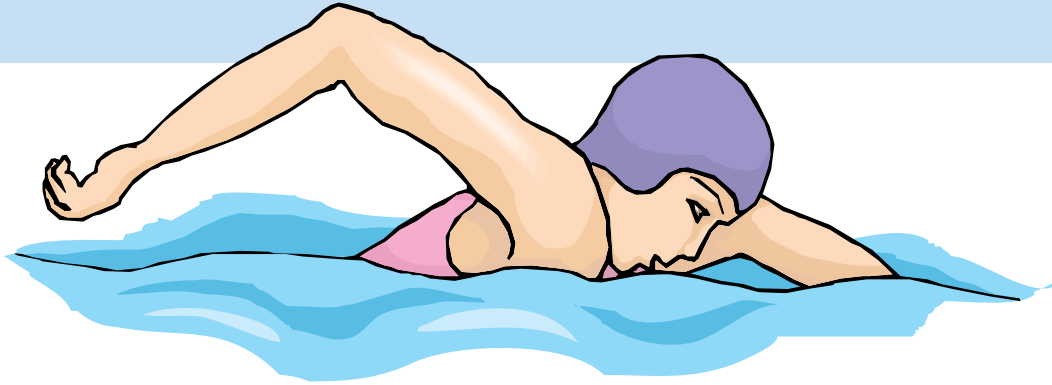


Summer Recreational Swim Team



This swim team is designed for children ages 6 and up who have experience in swimming at or above the Level III course for the American Red Cross and have received a card for the next level. This program teaches the fundamentals of competitive swimming, including lap swim for endurance, new techniques, stretches, drills, games and a lot of fun. The children have one swim meet throughout the five- or four-week program.

A swimming test is required for all participants.

(If not on the team last year)

**Session II - July 19 - August 11 • \$72/child
Tuesdays, Wednesdays and Thursdays
11:45 a.m. to 1 p.m.**

Required:

- swimming fins (not diving fins)
- goggles
- no shirts allowed - use sun block
- girls: need swim caps
- boys: briefs or jammers (no board shorts)



For more information, call 954-345-2121.

The Coral Springs Aquatic Complex is located in the Sportsplex, which is just east of the Sawgrass Expressway between Sample Road and Royal Palm Boulevard, at 12441 Royal Palm Boulevard.