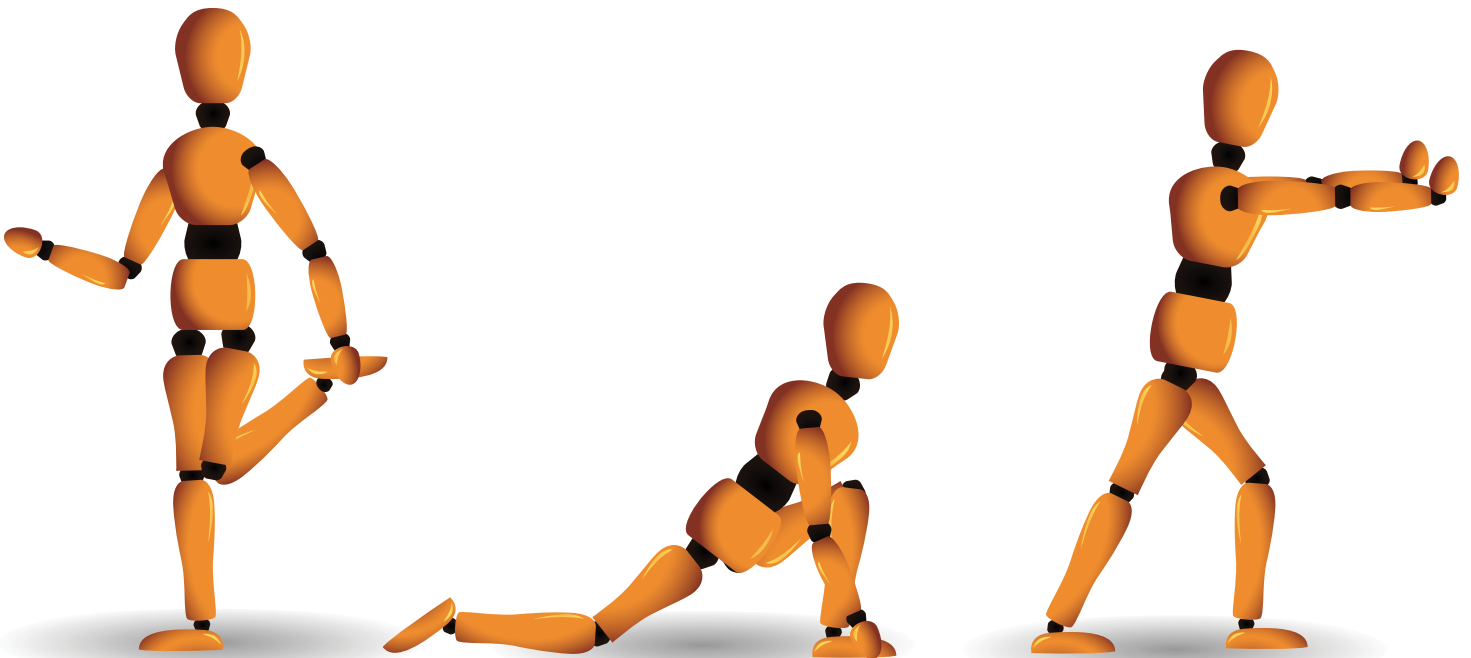


Body Worx

Body Worx is a low-impact exercise class for seniors. This class will take place beginning January 6 from noon to 1 p.m. at Sartory Senior Center (no class every third Wednesday). This class is open and free to Coral Springs residents 55 and older.



Wednesdays • noon to 1 p.m.
(no class every third Wednesday)

For more information, call 954-345-2209.

Lavonne Lear, Master Teacher

Sartory Senior Center is located at

10150 N.W. 29th St. in Mullins Park.

Take Coral Springs Drive to 29th Street and go east. Enter Mullins Park on the south side of street. Turn left at the stop. The Center is just east of the pool.