

F.I.G.H.T. Self Defense Class

For Men and Women • Spring/Summer 2009

The F.I.G.H.T program teaches you to use Haganah, a unique combination of Israeli military tactics and other Israeli martial arts to defeat stronger, more skilled and even armed opponents. Learn how to restrain, incapacitate or terminate your opponent fast with intuitive strategies and tactics. Haganah doesn't employ countless, complicated techniques but rather easy-to-learn systems enabling you to get confident and capable right away.



Monday, Tuesday & Thursday • 8 to 9 p.m.
Saturday • 9 to 10 a.m.

\$80 per month - Attend as many classes as you like for one monthly fee.

April	116361 A	July	116461 A
May	116361 A2	Aug	116461 A2
June	116361 A3	Sept	116461 A3

BE THE LAST ONE STANDING WHEN REALITY STRIKES

For more information, call 954-345-2200
or email streetfight7@yahoo.com
Register at the Coral Springs Gymnasium
2501 Coral Springs Drive