

Okinawan Karate

Spring and Summer 2009



The student of Okinawan Karate will be learning the secret self-defense techniques of the Okinawan people.

Karate originated in Okinawa before spreading worldwide. Karate builds a strong body by practicing the techniques through repetition. Confidence is built as the student becomes familiar with the techniques. The student develops self-discipline through hard work and dedication.

All classes are taught by Renshi Scott Ashley, Sixth Degree Black Belt and former World Kickboxing Champion. He is the current Defensive Tactics Coordinator for the Broward Sheriff's Office.

Children will also learn how to carry themselves with confidence, and to defend themselves in the event they are attacked so as to not fall victims. \$49 per session

Beginners: Mondays 6:45 to 7:30 p.m. and Thursdays 7 to 7:45 p.m.
Advanced: Mondays 7:30 to 8:30 p.m. and Thursdays 7:45 to 8:45 p.m.

	Beginners	Advanced
April	116362 A	116362 B
May (No classes May 11 through 16, prorated \$37)	116362 A2	116362 B2
June	116362 A3	116362 B3
July	116462 A	116462 B
Aug	116462 A2	116462 B2
Sept	116462 A3	116462 B3

Uniforms are available for purchase for \$30 through the instructor.

For more information, call 954-345-2200.
Register at the Coral Springs Gymnasium
2501 Coral Springs Drive • 8 a.m. to 9 p.m. daily