

Classes & Programs

For specific class times, visit CoralSprings.org/recreation or pick up a flier at the Gymnasium!

To register, stop by the Coral Springs Gymnasium at 2501 Coral Springs Drive between 8 a.m. and 9 p.m. Register early, space is limited! The Gym is open seven days a week.

Call 954-345-2200 for more information.

Creative Movement classes for 3 year olds, with instructor Jennifer Roberts, are an introduction to dance by using time, energy and space to help children experience the joy of movement. Ongoing eight-week sessions are September to June on Mondays or Thursdays from 9 to 9:45 a.m. at a cost of \$60 per session.

Preschool Dance for 4 and 5 year olds, with instructor Jennifer Roberts, incorporates pre-ballet, jazz, and creative movement to start introducing the fundamentals of dance and to lay the foundation for the young dancer. Ongoing eight-week sessions are September to June on Mondays or Thursdays from 9:45 to 10:30 a.m., for \$60 per session.

Preballet & Jazz for 4 to 9 year olds, with instructor Jennifer Roberts, is an introduction to the fundamentals of ballet for the young dancer in an age-appropriate, fun and creative environment. Ongoing eight-week sessions are September to June on Thursdays from 3:30 to 4:30 p.m. for ages 4 to 5, and 4:30 to 5:30 p.m. for 6 to 7. The cost is \$65 per session.

Sticky Fingers, with instructor Jean Rao, provides ongoing arts and crafts classes. Children will explore different mediums through hands-on activities with parental and instructor assistance. Sticky Fingers classes for children ages 2 to 5 are Tuesdays, Wednesdays, or Fridays and classes for Children ages 5 to 7 (Sticky Fingers Too) are Wednesdays. Sticky Fingers continues during the summer with Sticky Fingers Camp. Classes are now year-round. Call the instructor at 954-682-1580 for more information.

Beyond Beauty etiquette classes teach both etiquette and social development. The goal is to learn the basics of charm for participants ages 4 to 10. Become a real princess! Ongoing four-week sessions are Mondays from 4:45 to 5:30 p.m. at a cost of \$40. No classes available during summer.

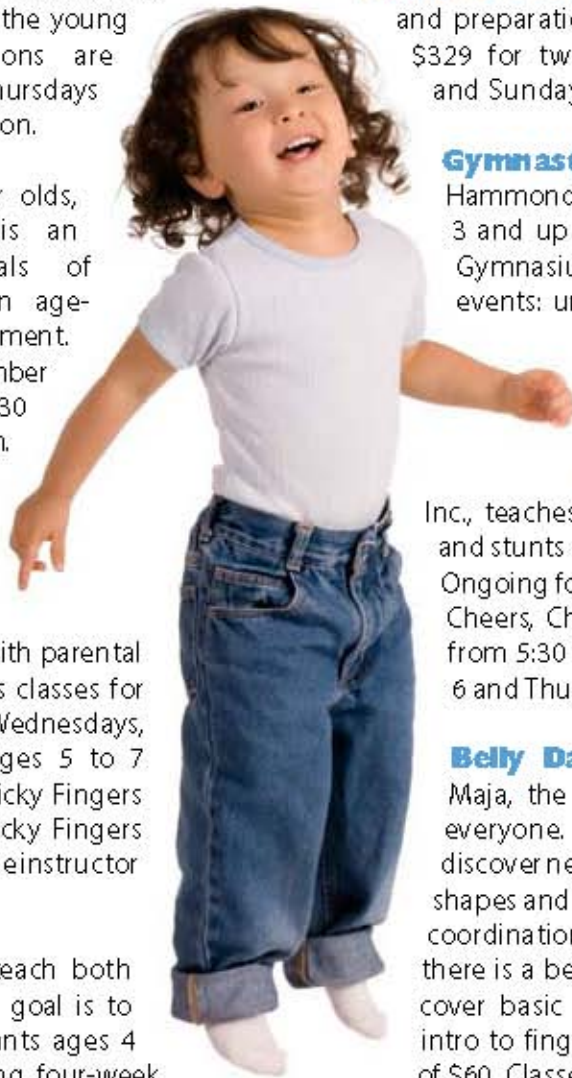
Runway Modeling class teaches your child all the modeling techniques the top models use on the catwalks of New York, London and Paris as they develop a high level of confidence, self-esteem, poise and posture, stage presence and flair for fashion. Work it like the pros! Girls and boys ages 4 to 16 meet on Thursdays from 6:30 to 7:30 p.m. at a cost of \$75 for a four-week session. For more information, call 954-345-2200 or Erica at 954-341-1667.

SAT Boot Camp is designed to provide training and preparation to take the SAT exam at a cost of \$329 for two, three-hour sessions on Saturday and Sunday, from 1 to 4 p.m.

Gymnastics classes, with instructor Ali Hammond, are offered for girls and boys ages 3 and up on Wednesdays at the Coral Springs Gymnasium. Class provides training for all events: uneven bars, even bars, balance beam, floor, horse and vault. For more information, call 954-345-2200.

Cheers, Chants and Pom Pom Routines, sponsored by Joy Deco, Inc., teaches the latest cheers and chants, jumps and stunts along with pom pom musical routines. Ongoing four-week sessions cost \$40 per session. Cheers, Chants and Pom Pom Routines class is from 5:30 to 6:15 p.m. on Tuesdays for ages 4 to 6 and Thursdays for ages 7 to 11.

Belly Dancing for children and adults with Maja, the girl of the Nile, is an ancient art for everyone. Experience new movements and discover new spaces to express. Women of all ages, shapes and levels are welcome. Improve flexibility, coordination and balance. In every woman's heart there is a belly dancer! Ongoing six-week sessions cover basic major belly dance movements, veil, intro to finger cymbals and mini routine at a cost of \$60. Classes are on Saturdays from 4 to 5 p.m. for beginners, and 5 to 6 p.m. for intermediate.



Gymnasium Classes & Programs continued

Middle School Students

Spring Break – Tour of Dolphin Stadium

Tuesday, April 7 • Cost is \$10
**Registration begins March 2 at the
Coral Springs Gymnasium.**

Participants will meet at the Coral Springs Gymnasium at 8:45 a.m. and will return at approximately 12:30 p.m. Coral Springs residents only. Times subject to change. For more information, call 954-345-2204. **Space is extremely limited.**

Spring Break – Be a Rock Star!

Wednesday, April 8 • Cost is \$30
**Registration begins March 2 at the
Coral Springs Gymnasium.**

Participants will meet at the Coral Springs Gymnasium at 8:45 a.m. and will return at approximately 12:30 p.m. Coral Springs residents only. Times subject to change. For more information, call 954-345-2204. **Space is extremely limited.**

Middle School Dance

Friday, April 17, 7 to 8:30 p.m.
Cost is \$3 at the door beginning at 6 p.m.
Coral Springs Gymnasium

"A Night out on the Town" for Middle Schoolers to dance around! Refreshments will be available for purchase. *Must wear socks or sneakers and must present student ID.*

Ballroom Dancing classes, with former professional dancer and master teacher Lavonne Lear, will make American and Latin ballroom dances fun and easy to learn. Ongoing six-week sessions rotate between American ballroom dances (fox trot, waltz, and swing) and Latin ballroom dancing (merengue, cha-cha and tango). The cost is \$60 per person, per session. Slip on your leather-soled shoes and reserve your Friday nights for ballroom dancing from 7:30 to 8:30 p.m.

Salsa and Cha-Cha class is Latin style dancing for all! Exercise and have tons of fun! Learn the hottest dance craze in a fun and simple way. Your instructors, Dana and James, are professional performers who will have you dancing in no time. No partner is necessary, but secure shoes are a must (no slip-ons for the ladies). Class is open for ages 16 and up. Ongoing six-week sessions are Tuesdays from 7 to 7:30 p.m. at a cost of \$58 per session.



Beat Street, Inc. Dance classes, with instructor Melissa Florio, as well as other professional instructors, offer ballet/tap/jazz/break dancing, step team/dancro classes, b-bop for boys, and our most talked about peewee, jr, tween/teen and adult hip hop! Please contact the instructor at 754-366-7570 or the coral springs gymnasium at 954-345-2200 for more information on specific class times and dates.

Beat Street Dance Company: Are you an energetic, enthusiastic, team-spirited dancer 6 to 18 years old who loves competition? If so, then Beat Street, Inc., would like to invite you to audition for one Beat Street's competitive, high energy hip hop dance teams: J.V., Varsity, Performance, Performance Troupe and Street Squad. Call 954-345-2200 or stop by the Coral Springs Gymnasium to add your name to the list of dancers to be notified for the next Beat Street Dance Company audition in August.