

Kids Self Defense 2019

Classes for children ages 8-12

FREE, 5-day Resisting Agression Defense Class (radKIDS®)

radKIDS®, Inc. the national leader in children's safety. The program strengthens family, encourages physical fitness, teaches realistic physical skills and core safety values to live by through its program. The radKIDS® curriculum is a fun, activity-based program including lectures, safety drills, physical skills to resist or stop violence or harm, and dynamic simulation. We believe that every child deserves personal and life skills to live safer. radKIDS® is committed to providing education that enhances the ability of children, parents and families, to utilize knowledge, skills, and power to protect themselves from violence and harm.

The radKIDS® class is taught in 5 consecutive classes. Each class is two hours, and the final class includes a physically active, hands on scenario and graduation ceremony. While the course will be physically involved, no prior self defense training is necessary. Families must register in advance, and be able to attend all 5 sessions. A release form must also be filled out and submitted prior to taking the first class.

SPACE IS LIMITED TO 20 PARTICIPANTS PER COURSE! To download the course forms, visit CoralSprings.org/radkids



2019 Dates

Session 1 • June 10 - 14

Session 2 • July 29 - August 2

Each session has two sets of times available.

9:30 to 11:30 a.m. - or - 1 to 3 p.m.

There is a \$25.00 fee per person. After completing all 5 classes, payment will be refund otherwise payment will be withheld. Checks must be received prior to the 1st class.

Classes held at Charter School Gymnasium
3205 University Drive • Coral Springs

Make checks payable to: City of Coral Springs

Address:

Coral Springs Police Department
2801 Coral Springs Drive
Coral Springs, Florida 33065

ATTN: Ashley Kozlowski/RAD coordinator



City of Coral Springs Police Department
954-346-1227 • pdaca@coralsprings.org
CoralSprings.org/police

CORAL SPRINGS

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