

IN THE AFTERMATH OF A SCHOOL SHOOTING

Information and resources

Information sources

Department of Homeland Security
www.dhs.gov/index.shtm

Local law enforcement contact information
www.usacops.com (dial 911 in an emergency)

Articles and resources

American Psychological Association
[Helping your children manage distress in the aftermath of a shooting](#)
[Managing your distress in the aftermath of a shooting](#)

National Institute of Mental Health
[Helping Children and Adolescents Cope with Violence and Disasters: What Parents Can Do](#)

The National Child Traumatic Stress Network
[Catastrophic Mass Violence Resources](#)

Substance Abuse and Mental Health Services Administration
[Disaster Distress: Incidents of Mass Violence](#)

Support

Disaster Distress Helpline
1-800-985-5990
Text "TalkWithUs" to 66746
Crisis counseling/support for anyone with emotional distress related to natural or human-caused disasters

American Red Cross
Provides food, water and emotional support for affected families and first responders
1-800-733-2767
Find your local chapter at:
<http://www.redcross.org/find-your-local-chapter>

American Red Cross Safe and Well List
Register as safe or check for names at:
<http://safeandwell.communityos.org/cms/index.php>

**The Compassionate Friends:
Supporting family after a child dies**
This is a national bereavement nonprofit that offers resources to grieving parents. Connect with local chapters and other resources at:
<http://www.compassionatefriends.org/home.aspx>

Together, all the way.®



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