ACTIVITY BOOK
WHERE CORAL SPRINGS KIDS BECOME THEIR OWN SAFETY HEROES
WELCOME TO SAFETY TOWN
WHERE CORAL SPRINGS KIDS BECOME THEIR OWN SAFETY HEROES

My full name is:

My address is:

My address tells me where I live, the numbers and the street. I can get there in a car, or on my feet.
In an **EMERGENCY**, I dial 9-1-1

**My Phone Number is:**

[Phone number fields]

Practice learning your phone number, and dialing.

**DON’T FORGET** to press the call button, sometimes it is **green**.
STRANGER DANGER AND TRUSTED ADULTS

A trusted adult is someone you can talk to when someone or something makes you feel uncomfortable. This person will always listen to you and make sure you are safe.

When a ‘safe’ adult needs help, they will ask another adult. Not a kid. NEVER get in the car with a stranger. Look for help.

Run, Yell, Scream, Kick to get away!
Think about the adults in your life that you can trust. Maybe a family member, a teacher, your Doctor or other adults that will keep you safe. Write them down here and remember to talk to them when you need a hand.

1. 
2. 
3. 
4. 
5. 

Tricky People can look like anyone, that is why it is important to rely on your trusted adults. But what if you are alone and need help? Who else can you ask for help?

A: Mom with a baby stroller or other kids
B: Police Officer
C: An employee, who works in the store or business you are in
D: All of the above

Talk with your parents to come up with a family password. If your parent has a problem or becomes sick they might need to send someone to pick you up, this trusted adult should know the family password. You can also ask them to call your parent and let you talk to them.

Our Family Password is: ___________
I'm a Police Officer,
With my Car.
I help People,
Near and Far.
If you have a Problem,
Call on Me.
I will be there,
One, Two, Three!

POLICE PROTECT
THE COMMUNITY

Connect the dots!
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**Words to Find:**
- PROTECT
- BADGE
- SWAT
- FLASHLIGHT
- RADIO
- HANDCUFFS
- HELP
- DOG
- CAR
- SIREN
- STATION
There are many different types of guns. Big guns and small guns, *sometimes guns might look like toys*. Picking up a gun could lead to an accident. That’s why it is important to never touch a gun and to tell an adult.

**Be a Safety Hero and report it to an adult!**
Circle the 5 guns hidden in the cartoon.
A pedestrian is:

A. An animal doctor  
B. A person walking in a roadway  
C. A Fortnite player  
D. A type of snake

The countdown in the crosswalk tells me how many seconds I have left to cross the street.

A. True  
B. False

What is the color of a car's taillight when it is backing up?

A. Red  
B. White  
C. Green  
D. Blue
Twinkle, Twinkle, Traffic Light
On the Corner, Shining BRIGHT.
**RED** Means STOP!
**GREEN** means GO!
**YELLOW** means GO, very SLOW.
Twinkle, Twinkle, Traffic Light, On the Corner Shining BRIGHT!

Before you cross a street, STOP, LOOK and LISTEN, always look left, right and left again.

Do you know what these street signs mean?
Help Sia’s friends get to the playground!
SAFETY SIA
REMINDS US TO:

Wear safe clothing, bright colors and closed shoes

ALWAYS wear a helmet and follow traffic laws

Use reflectors and lights especially at night

Check your brakes and the air in your tires
SEAT BELT SAFETY

With ‘Buckle B’ and Buckle Bear

- Buckle Up, It’s the Law
- Don’t distract the driver
- Play “I Spy” out the window
- Bring a book

COLOR US IN!
EVERYONE needs a safety harness in the car. Different size people, need different size safety belts.

Draw a line to match the people to the correct car restraint.
1. My body belongs to ____________.
2. I am the boss of my ____________.
3. I must never keep ____________ that make me feel bad or uncomfortable.
4. Private parts are the parts of my body underneath my ____________.
5. If something or someone makes me feel unsafe, I should talk to my ____________.
6. No-one can touch my ____________________.
7. I should tell my trusted adult if someone ____________ their private parts or pictures of private parts.
8. If my trusted adult isn’t listening to me I should ____________ trusted adult.
9. If my friend is having a problem with private parts and someone else, I should tell a trusted adult.
I can say NO, if I don’t want to hug or kiss someone.
If I want to, I can wave, give a fist-bump, or a hi-five.
I can also simply say “Hi, nice to meet you” or “Bye, have a nice day!”

I am the boss of my whole body. I should always talk to a trusted adult anytime someone or something makes me feel weird.

The body parts that are under my bathing suit are private. Private means something you should keep to yourself. You should not touch someone else’s privates and they should not touch yours.

Find the bathing suits in the picture and color them to your style!
9-1-1 is a special phone number that helps you with emergencies. An emergency is when something unexpected and dangerous happens and you need help.

You can text 9-1-1 to request police, fire or medical assistance.

**TEXT ONLY IF YOU CANNOT CALL**

Provide the exact location of the emergency.

Make the text message brief and easy to understand.

**How Does 9-1-1 Work?**

1. Safety Hero Dials 9-1-1
2. A 9-1-1 Dispatcher answers your call then sends help for your EMERGENCY
3. First Responders will be there FAST

**Common emergencies**

- Car accident
- Any type of FIRE, big or small.
- You are hurt and there is no adult around to help you
- Your parent gets hurt and there is no other adult around to help them
- Someone is hurting you, your family or your friend

When you don't know if calling is the right choice, **CALL ANYWAY** the 9-1-1 dispatcher can help you decide.
When the dispatcher answers your call you will need to tell them some information.
Let's practice, so you will know what to say. You will stay on the phone until someone answers.
Fill in the answers below with a pretend emergency and your real name and address that
you wrote down on page 1.

Dispatcher: 9-1-1, What is your emergency?

Safety Hero: __________________________________________

Dispatcher: What is your address so we know where to send help?

Safety Hero: __________________________________________

Dispatcher: Great now tell me your name and phone number.

Safety Hero: __________________________________________

Dispatcher: You are doing a great job, help is on the way, but I am going to stay on the
phone with you until help arrives.

Dispatchers are also trained to help give emergency instructions. They help people perform
CPR and even deliver babies! Dispatchers are the first, first responders.

Emergencies don't always happen at home, use your detective skills, look for clues
to where you are so you can tell the 9-1-1 dispatcher where to send the help. Look for
street names, stores, restaurants, big buildings or other things that stand out.
Adult Supervision + Learning = Success

The 2 most important lessons in water safety are adult supervision and being a strong swimmer. If you do not already know how to swim GET HELP.

Swimming pools are not the only water hazard! Stand far back from the shoreline of canals and lakes. Always have adult supervision.

Match the pool-safety sign with its meaning

- USE RESTROOMS
- DON'T SWIM ALONE
- USE THE STAIRS
- NO RUNNING
- NO DIVING
- CHILDREN ONLY WITH ADULTS
Swimming Safety Rules

**ALWAYS**
- Swim with adult supervision
- If you see someone struggling in the water, get adult help immediately.
- Call 9-1-1 if someone is drowning
- Get out of the water if you hear thunder or see lightning
- Check for No Diving signs
- Stand back a safe distance from canals

**NEVER**
- Swim where warning flags are posted
- Dive in shallow pools
- Chew gum or eat while swimming
- Run, push or shove around the pool.
- If you see someone struggling in the water do not jump in to help them. Get help from an adult.

How to Escape a Sinking Car
Quick and Calm, Follow These Four Steps

1. **SEAT BELTS** remove or cut as soon as your car hits the water.
2. **CHILDREN** undo their restraints. Oldest to youngest.
3. **WINDOWS** roll down or break immediately.
4. **OUT** Climb out through windows, children first.
My Family’s Fire Safety Plan

1. Family Name: ___________________________.
2. How many smoke detectors are in my home? ______________.
3. My family’s special meeting place is: _____________________.
4. Once outside, I dial __________ and wait.
5. We have a fire extinguisher in the _______________ and the _______________.
6. I showed my family how to STOP, DROP and ROLL
7. We practiced escaping our home through doors and windows
8. I promise to never play with fire _____________________.
   (sign name here)

Don’t Hide! Go Outside!

If it’s smokey, crawl on your knees, smoke rises
If Your Clothes Catch Fire:
**STOP, DROP, ROLL, COVER YOUR FACE**
Pretend your trusted adult is taking a nap and you are looking for a snack. Draw an X on the things you **should not eat** and circle the foods **that are okay**.
1. Medicine is not candy, a trusted adult must help you with your medicine and vitamins.

2. Cleaning products and bug sprays are not toys.

3. Never ever play with or put batteries in your mouth.

4. Some soaps that we use to wash our clothes are small and colorful and look like candy. Always check with your trusted adult before eating something.

5. Some snakes and spiders can be poisonous or venomous.

6. Be a Safety Hero, watch out for younger kids and keep them away from poisons.

National Poison Control Hotline: 1-800-222-1222

1. Medicine
2. Cleaning
3. Batteries
4. Soaps
5. Snakes
6. Spiders

Household Poisons Word Scramble

These items are in most peoples homes. Some of them may seem silly as poisons, but if you ate them it could be dangerous.

Can you unscramble the words?

1. __________________________
2. __________________________
3. __________________________
4. __________________________
5. __________________________
6. __________________________
7. __________________________
8. __________________________
9. __________________________
10. __________________________
11. __________________________
12. __________________________
13. __________________________
14. __________________________
15. __________________________

Attic
1. Mtohblals
2. Rta Poosin
3. piSdres

Bedroom
4. ailN Pholis
5. Mpakeu
6. Prfumee
7. notioL

Bathroom
8. Tthoo easteP
9. thMou ashW
10. Midicene
11. pooSham

Kitchen
12. ishD poaS
13. Belahc
14. looFr Wxa
15. Pnei iLO
SAFETY HERO PLEDGE

I __________________________ pledge to uphold the following safety standards.

(First & Last Name)

☐ To memorize my full name, address and telephone number.
☐ Select five trusted adults that I can talk to about difficult things.
☐ If I find a gun I will follow the rule of “STOP!, Don’t Touch, Run Away, Tell a Grown-Up.”
☐ When crossing streets I will “Look left, look right and look left again” before crossing safely.
☐ I will wear a helmet, obey the rules of the road and follow safety rules when riding my bike.
☐ I will wear a seatbelt in the car and not distract the driver.
☐ I will keep all bathing suit zones private and talk to my trusted adults if anything seems wrong.
☐ I will call 911 if my safety is at risk, first responders will help me.
☐ I will keep a safe distance from water unless I am carefully watched by an adult.
☐ I will not play with fire, or things that can make fire.
☐ I will practice my family escape plan.
☐ I will watch out for poisons and ask an adult for help if I am not sure.

The Coral Springs Safety Town Program hereby certifies that ________________________ has completed the Safety Hero training, on ________________.

There is no greater reward than knowing that due to your training, there are lives that may be saved through accidents prevented. Know that you can always rely on your friends at the Coral Spring Police Department.

Clyde Parry, Chief of Police
Page 5
Stranger Danger
D: All of the above

Page 7
Police Word Search

Page 9
Gun Safety Search & Find

Page 10
Pedestrian Safety
1. B
2. A
3. B

Page 11
Pedestrian Safety
1. Crosswalk
2. Pedestrian Crossing
3. Forbidden pedestrian crossing
4. Railroad crossing

Page 15
Seat Belt Safety

Page 16
Bathing Suit Zone

Page 20
Water Safety

Page 25
Poison Word Scramble
1. Mothballs
2. Rat Poison
3. Spiders
4. Nail Polish
5. Makeup
6. Perfume
7. Lotion
8. Tooth Paste
9. Mouth Wash
10. Medicine
11. Shampoo
12. Dish Soap
13. Bleach
14. Floor Wax
15. Pine Oil
More than 30 years ago, Kiwanis Club of Coral Springs created a comprehensive Safety Town program for young children. Now, each school year, more than 2,000 children complete this program hosted by the Coral Springs Police Department. In addition, a summer program is led by dedicated Kiwanis Club volunteer Mary Boast, along with dozens of teen and adult volunteers.

Safety Town continues to unite highly trained first responders with children that are eager to learn invaluable safety lessons. For companion videos, please visit: CoralSprings.org/SafetyTown

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