

**Broadway Shows:**

Register by calling 954-344-1837

**Love Never Dies**

Wednesday, November 15  
2pm • \$64 (includes transportation & show)  
Broward Performing Arts Center

**A Christmas Story**

Wednesday, December 6  
1:15pm • \$100 (includes transportation & show)  
Broadway Palms Dinner theater in Fort Myers

**The Gentleman's Guide to Love and Murder**

Wednesday, January 17  
2pm • \$64 (includes transportation & show)  
Broward Performing Arts Center

**Once**

Wednesday, March 7  
2pm • \$55 (includes transportation & show)  
Miracle Mile Theater at Actors Playhouse

**Waitress**

Wednesday, April 22  
2pm • \$64 (includes transportation & show)  
Broward Performing Arts Center

**Upcoming City Events:**

**ArtoberFest**

Saturday, October 7  
5 to 10pm • ArtWalk

**Farmers Market**

Sunday, October 8  
9am to 1pm • ArtWalk

**Shredathon**

Saturday, October 14  
9 to 11am • Sportsplex

**Savor the Notes Jazz Brunch**

Sunday, October 22  
10am to 2pm • ArtWalk

**Veterans Day**

Saturday, November 11  
10:45am • Veterans Park

**Holiday Parade**

Wednesday, December 13  
7pm • Along Sample Road

# FOREVER Young

**NEWS AND INFORMATION FOR CORAL SPRINGS SENIORS**



Senior Ride is an on-demand para-transit program offering transportation to shopping facilities for our senior citizens. Priority is afforded to those in the greatest economic and social need, with little family or community support. Wheelchair accessibility is available.

For an annual fee of \$25, registered senior citizens may schedule rides on any of the days transportation is offered in their area.

For more information about trips and transportation, please call **954-344-1837** or visit **CoralSprings.org/SeniorRide**



**Comments?** Contact [sknight@coralsprings.org](mailto:sknight@coralsprings.org) • 954-345-2209

**Coral Springs Senior Center at Sartory Hall** • 10150 NW 29th Street

CityTV **Advanced Cable** channel 25 (SD) or 725 (HD) **U-Verse** channel 99



Call **954-344-1800** to report any suspicious persons or vehicles in your neighborhood.



## Classes | Classes with asterik are open to non-residents.



**Location:** Coral Springs Senior Center at Sartory Hall

### Monday

- Functional Fitness** | Core & Balance (30min) | 9:30am
- Functional Fitness** | Low Impact Aerobics (30min) | 10am
- Functional Fitness** | Strength & Stretch (30min) | 10:30am
- Dance** (30min) | 11am
- Chair Yoga** (\$) (60min) | 1pm (Starting Sept.11)
- Mahjong\*** | 1 to 4pm
- Socrates Meeting** | 1 to 2:30pm

### Tuesday

- Tai Chi** (60min) | 8:15am
- Bridge\*** | 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of the month 9:30am
- Functional Fitness** | Core & Balance (30min) | 9:30am
- Functional Fitness** | Low Impact Aerobics (30min) | 10am
- Functional Fitness** | Strength & Stretch (30min) | 10:30am
- Gentle Yoga** (60min) | 2:30pm

### Wednesday

- Intermediate Tai Chi\*** (\$) (60min) | 8:15am
- French Class\*** (60min) | 9am
- Mastermind Art Group\*** | 2 to 4pm  
*bring your own supplies*
- Cards\*** | 2 to 4pm
- Chair Yoga** (\$) (60min) | 2:15pm
- Gentle Yoga** (\$) (60min) | 5:30pm

(\$ ) = separate fee for this class

### Thursday

- Tai Chi** (60min) | 8:15am
- Functional Fitness** | Core & Balance (30min) | 9:30am
- Functional Fitness** | Low Impact Aerobics (30min) | 10am
- Canasta\*** | 10am to 12pm
- Functional Fitness** | Strength & Stretch (30min) | 10:30am
- Crochet\*** (60min) | 11am
- Gentle Yoga** (60min) | 2:30pm

### Friday

- Chi Gong\*** (\$) (60min) | 8:15am
- Chair Yoga** (60min) | 10:15am

### Saturday

- Arts & Crafts** | 10am to 12pm
- Mahjong\*** 12 to 2pm

## Movies

### Fridays at 1:30pm

October 13, October 27, November 17, December 8, December 22

## Senior Empowerment Meeting

The meeting aims to empower and educate seniors about crime trends in the community. Lunch will be served.

**November 15 & December 20**      **Time:** 11am

## Senior Trips

Register for trips by calling 954-344-1837

DAY/DATE	LOCATION	Cost	Fee due by	Meet at Center
Wed. October 4 (SR)	Coral Square Mall	Free	October 2	N/A
Friday, October 6	Isle Casino in Pompano Beach	\$6	October 2	10am
Monday, October 9 (SR)	Dollar Store	\$1	October 6	N/A
Wed. October 18	<b>Senior Health Fair at the Gymnasium</b> There will be a lot of vendors providing information about health care, insurance, health supplements, etc.	Free	October 16	9:30am
Friday, October 20	<b>Festival Flea Market</b>	\$6	October 13	10:30am
Mon. October 23 (SR)	<b>Wal-Mart at Turtle Run</b>	\$5	October 20	N/A
Wed. October 25	<b>Boys Farmers Market - The "Mecca" of all produce, organic fruits and veggies, meats, cheeses and wines.</b>	\$8	October 18	10am
Tuesday, October 31	<b>Cookie decorating at the Senior Center</b>	\$10	October 20	11am
Wed. November 1 (SR)	<b>Coral Square Mall</b>	Free	October 30	N/A
Friday, November 3	<b>Seminole Casino at Coconut Creek</b>	\$6	October 27	10am
Mon. November 6 (SR)	<b>Wal-Mart at Parkland</b>	\$5	November 3	N/A
Wed. November 8	<b>Palm Beach Outlet Mall</b>	\$8	November 1	8:45am
Wed. November 15	<b>Love Never Dies at Broadway Performing Arts</b>	\$64	September 27	12:15pm
Friday, November 17	<b>Festival Flea Market</b>	\$6	November 10	10am
Mon. November 27 (SR)	<b>Dollar Store</b>	\$1	November 22	N/A
Wed. November 29	<b>Hoffmans Chocolate Factory &amp; Lunch</b>	\$8	November 15	8:30am
Friday, December 1	<b>Hard Rock Casino</b>	\$6	November 22	10am
Mon. December 4	<b>Galleria Mall in Fort Lauderdale</b>	\$6	December 1	10am
Wed. December 6	<b>A Christmas Story</b>	\$100	November 3	9am
Friday, December 8 (SR)	<b>Wal-Mart at Turtle Run</b>	\$5	December 1	N/A
Mon. December 11	<b>Water Taxi trip to see Holiday Lights</b>	\$33	November 27	3pm
Wed. December 13	<b>Festival Flea Market</b>	\$6	December 8	10am
Friday, December 15	<b>Holiday Afternoon Tea &amp; Cookies</b>	Free	December 11	1-3pm
Mon. December 18	<b>Holiday Festival of Lights - After 3 miles of animated holiday displays and illuminated trees, enjoy some ice cream at Cherry Smash. (Ice cream not included in fee)</b>	\$6	December 11	5:45pm

(SR) = Senior Ride Trip

**Broadway Show trips available! Check schedule on the back.**